

Portland Christian School Athletics High School Cheerleading Sign-Ups

Dear Parents and Students,

PCS is excited to offer a high school sideline cheerleading team for students in ninth through twelfth grades. If you have participated before we hope you choose to do so again, and if this will be your first time, welcome!

This year, we plan to begin cheerleading earlier than in past years. We will plan to have a parent informational meeting Monday, September 17th at 6pm to go over practice schedules, financial considerations and other expectations for the year. Optional weekly conditioning will begin towards the end of September and then practices will begin October 15th on Mondays and Thursdays each week. Please email Coach Amy (contact information below) or fill out the attached form to sign up and ensure that you receive up to date information on preseason meetings and practice schedules!

A proper physical must be completed and turned in by the time practice begins. The KHSAA requires a specific athletic physical form to be completed prior to practice or play. The physical form can be found on the school website, school office and the KHSAA website. Your pediatrician will be very familiar with this form. If you have already turned in a current physical for a fall sport, you do not need to get another one, but should confirm with the athletic department the date your physical expires.

PCS students who sign up to participate in cheerleading do not pay the PCS standard athletic fee, however they are responsible for purchasing their uniform (including but not limited to shoes, hair accessories, etc). This cost is typically comparable to the high school athletic fee of \$100 per athlete per season but may be slightly higher or lower depending on season specific information. Names and phone numbers of registered students will be given to the coaches to contact you when actual practices begin. They will inform you of who they are, as well as times and locations for all events.

Parent Information Night

On Monday, September 17th at 6pm we will be having a parent information night for all athletes who are interested in cheerleading this year, along with their parents. Topics to be covered include: practice schedules, financial considerations, squad selection, expectations, game commitments and more! Please plan to attend!

PCS Athletics~ (502) 429-3727

Amy Lawyer-Brown, HS Cheerleading Coach, amy.brown@portlandchristian.org

Kristi McCartney, Athletic Director, kristi.mccartney@portlandchristian.org

Marie Settle, Assistant Athletic Director, marie.settle@portlandchristian.org

Lisa Cyrus, Athletic Support, pcsathletics@portlandchristian.org

*Parent information meeting on Monday, September 17th at 6pm
Cheerleading sign up forms are due the following Wednesday, September 26th.*

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Please check the appropriate team in which your child would like to participate:

_____ High School Sideline Cheerleading

Note: There is no athletic fee to be paid to PCS, however cheerleading athletes are responsible for purchasing their own uniform and for other seasonal fees.

Athlete Name: _____ **Gender:** M / F

Grade: _____ **Age:** _____ **Date of Birth:** _____ **Uniform Size:** _____

Address: _____

Phone #(s): _____ **Text:** Yes / No

Parents email(s): _____

Have you played this sport before? Yes / No **If yes, how many years:** _____

Insurance: _____ **Policy Number:** _____

Medical Issues/Allergies: _____

In case of emergency notify:

Name(s): _____ **Phone #** _____

Name(s): _____ **Phone #** _____

My child has my permission to participate in the PCS High School Sports program in the sport of _____. In the event of injury or illness, I give my permission to seek appropriate medical treatment. If I cannot be reached, I give permission for medical personnel to administer medical care deemed necessary. Additionally, I give permission for my child to be transported to and from activities by PCS faculty, staff or volunteers. It should be noted that PCS faculty, staff or volunteers will not be held responsible for any injuries that occur during participation, transportation or other activities related to said program.

Parent signature: _____ **Date:** _____

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