



# Asthma Action Plan

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_ School Year: \_\_\_\_\_

**THIS SECTION TO BE COMPLETED BY PHYSICIAN OR AUTHORIZED PROVIDER**

Diagnosis: ASTHMA

\_\_\_ Controlled \_\_\_ Chronic \_\_\_ Acute with illness \_\_\_ Seasonal \_\_\_ Exercise Induced

Medication/Inhaler: \_\_\_\_\_ Dosage: \_\_\_\_\_

Medication to be administered: \_\_\_\_\_

Special conditions for additional administration: \_\_\_\_\_

\_\_\_ This student has been instructed by physician regarding the care, storage, and use of this prescribed medication and has the ability to determine appropriate administration of the medication.

**\*By checking this option, this student should be allowed to carry and self-administer this medication**

\_\_\_ Inhaler should be stored in School Office or Health Room and requires supervision during administration.

\_\_\_\_\_  
Printed Name of Physician or Healthcare Provider

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Physician or Healthcare Provider

\_\_\_\_\_  
Office Phone #

**PARENT/GUARDIAN AUTHORIZATION**

If physician deems the student able to carry and self-administer this medication, I hereby release PCS and its employees from liability from any injuries resulting from this student carrying, maintaining and self-medicating. I agree to hold harmless PCS and its employees from any claim resulting from student's self-administration of medication to treat asthma per state law KRS158.834. If my student will be carrying his/her inhaler, I agree that it is the responsibility of the parent/guardian to require the student to be in possession of the above prescribed medication during the school day, extracurricular activities and during field trips. Replacement of expired medication is the responsibility of the parent/guardian.

I hereby acknowledge that if this medication is not self-administered or requires supervision, it may be given by trained, unlicensed PCS staff. I hereby release PCS and its employees from any liability that may occur from the administration of this medication according to physician's instructions.

Parent/Guardian gives consent to PCS employees to discuss the medical condition referenced above with Healthcare Provider to assist in planning for the student's care while at school or school events.

\_\_\_\_\_  
Name of Parent/Guardian (Print)

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

Emergency Contact: \_\_\_\_\_ Phone# \_\_\_\_\_ Relationship \_\_\_\_\_

**EMERGENCY PLAN OF ACTION FOR STUDENTS WITH ASTHMA**

1. Call EMS if wheezing or coughing has not improved after medication administration, student is having difficulty breathing, student has trouble walking or talking, student's fingernails, lips, or gum line are blue/ashen
2. NOTIFY school personnel trained in CPR/AED to care for student and initiate CPR/AED if needed prior to EMS arrival. Notify parent/guardian or emergency contact. If student is transported via EMS, a school staff member must accompany student.



# Asthma Action Plan

## Parent/Guardian Information

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_ School Year: \_\_\_\_\_

List routine, daily meds taken to control ASTHMA/Allergies: \_\_\_\_\_

Physician Name & Phone #: \_\_\_\_\_

### Asthma Triggers, Symptoms and Interventions

**Triggers** (Check all that apply):

- Exercise     Respiratory Infections     Change in Temperature     Pollen
- Trees/Grass     Molds     Dust     Chalk     Odors     Perfumes
- Latex     Animals     Food     Other: \_\_\_\_\_

**Signs and Symptoms** student will likely exhibit (Check all that apply):

- Coughing     Wheezing     Labored/Difficulty Breathing
- Other \_\_\_\_\_

Helpful Interventions or measures to be taken: \_\_\_\_\_

I understand that it is my responsibility as the parent/guardian to update the school throughout the year with any new medical information. Permission for administration of medication shall be effective for the current school year and all forms shall be renewed at the beginning of each school year.

\_\_\_\_\_  
Name of Parent/Guardian (Print)

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

<b>TO BE COMPLETED BY SCHOOL PERSONNEL</b>	
Form Received by: _____	Date Form Received: _____
School Year: _____	
Student will carry inhaler on self [ ] Yes [ ] No	
Student will have inhaler in Health Room [ ] Yes [ ] No	