



# JANUARY | 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4 Quesadilla Broccoli w/cheese Side salad Mandarin oranges Fresh fruit Milk/juice	5 Chicken soft tacos Lettuce/tomato Corn Banana Fresh fruit Milk/juice	6 Cheeseburger Mac n cheese Side salad Applesauce Fresh fruit Milk/juice	7 Pep hot pocket Waffle fries Apple slices Dessert Milk/juice
10 Lasagna Green beans Side salad Peaches Fresh fruit Milk/juice	11 CAFÉ TUESDAY	12 Nacho supreme Lettuce/tomato Corn Banana Fresh fruit Milk/juice	13 Cheezy bread Peas Side salad Applesauce Fresh fruit Milk/juice	14 Pep hot pocket Waffle fries Apple slices Dessert Milk/juice
17 Popcorn chicken Broccoli w/cheese Side salad Mandarin oranges Fresh fruit Milk/juice	18 CAFÉ TUESDAY	19 Chicken alfredo Peas Side salad Banana Fresh fruit Milk/juice	20 Turkey and cheese sub Chips Side salad Pineapple Fresh fruit Milk/juice	21 Pep hot pocket Waffle fries Apple slices Dessert Milk/juice
24 Tony's pizza Green beans Side salad Mandarin oranges Fresh fruit Milk/juice	25 CAFÉ TUESDAY	26 Chicken soft tacos Lettuce/tomato Corn Banana Fresh fruit Milk/juice	27 Cheeseburger Mac n cheese Side salad Applesauce Fresh fruit Milk/juice	28 Pep hot pocket Waffle fries Apple slices Dessert Milk/juice
31 Sausage patty Egg patty Biscuit w/gravy Hash brown Applesauce Fresh fruit Milk/juice	1	2	3	4

**DAILY  
OPTIONS**

**MONDAY**  
Strawberry or vanilla  
yogurt cup w/graham  
crackers or bosco  
sticks

**TUESDAY**  
Chicken sticks

**WEDNESDAY**  
Strawberry or vanilla  
yogurt cup w/graham  
crackers or chef  
salad

**THURSDAY**  
Baked potato or chef  
salad

**FRIDAY**  
Chick fil a